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Canine Zone

The magazine for all dog lovers



**ADOPTING
A RESCUE
DOG**

**10 Steps to
Success!**

The Newfoundland

Calm, patient, gentle

**STEVIE'S
DREAM**

**Talking
Teeth**

**Who let the
dogs in?**

**A-Z of taking
your dog to
WORK**

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5 TOP TIPS FOR VET VISITS

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Dog talk



It's basically Spring and my favourite time of the year, what with Weavers starting to build nests again and my Jasmine blooming. I always spend all winter making sure my dogs are covered with blankets at night and worrying about all the dogs left to sleep outside, so it's great that the warm weather is on the horizon.

Does your dog have a favourite toy? As I've always shared my heart and home with power breeds, finding the right toys has sometimes been a real challenge and I've scoured the pet stores and online stores for suitable toys that will last at least a few months. During this time, I've unfortunately found very few toys that have stood the test of time and sharp and pointy teeth.

For dogs, toys aren't a luxury but a necessity, and they're important to your dog's well-being. Toys help fight boredom and provide comfort, but they have to be safe too! Always avoid or alter any toys that aren't "dog-proof" by removing ribbons, strings, eyes or other parts that could be chewed off and ingested, and discard toys when they start to break into pieces or are torn.

My dogs love squeaky toys, but my Rottie Drake always feels the need to seek and destroy the source of the squeaking, which can be very dangerous, so I try to avoid or remove said squeaker.

Recently I've become obsessed with dog-related videos on

YouTube, as you can find anything you want to watch, when you want to watch it. I watch informative and educational, fun, training, breed, agility and dog show videos, and I've even been known to play DOGTV for my dogs while I sit and work. I've also enjoyed following a few South African doggy influencers on Instagram, and some that you really need to check out and follow include @yankakwanita_pittipolitics for the most gorgeous photos of Pit Bull ambassador (and previous Canine Zone cover girl) Yanka Kwanita; @mrmiyageesa to follow SA's tiniest doggy celebrity; @copperlou.dogs for great photos, adventures and fun; @neenee_and_choochoo will bring a smile to your face; and @wildly_wired shares the adventures of two adorable Dachshunds. I really admire people who work hard to build up a following by posting regularly. I did try my hand at setting up an Instagram page for my Drake – @drakey_days – and for a while it went well. But then life got busy and I let the page go dormant, so maybe now that I've got inspiration from Yanka, Mr Miyagee and all the other IG dogs, I need to get more active again. Does your dog have his or her own Instagram or Facebook page? Let us know, as in our next issue I want to do a feature on South African social media influencer dogs, and perhaps we can include your fur kid's page!

This issue is packed with lots of heart-warming rescue stories, as well as advice and features for dog parents. Don't forget that this is YOUR magazine, so please let us know what articles you'd like to see, or send us your adoption stories for our Forever Home pages or photos for Your Photos on marketing@caninezonesa.co.za

Until the next issue, give your doggos a big cuddle from me!

Sharon

Canine Zone
The magazine for all dog lovers

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OUR BEST FOR YOUR BEST



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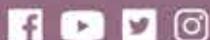
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UPFRONT

PAWS AND BOOTS TOGETHER ON THE GROUND FIGHTING POACHING



Launched recently, Making CONTACT is a five-part mini-series created by Hill's Pet Nutrition celebrating and profiling anti-poaching K9 units in South Africa's nature reserves.

"Ninety-five per cent of our poaching arrests are made with the help of tracker dogs," says Johan de Beer, K9 Manager, Kruger National Park of South African National Parks. Today, Hill's Pet Nutrition sponsors over 46 dogs in the K9 unit in the Kruger National Park, two in Hluhluwe-iMfolozi Park and 14 in other parks around the country.

"This heart-warming series not only recognises the amazing role that these dogs play in protecting our natural heritage but also their incredible handlers who, through

their commitment to working with the dogs, are making a real difference in the fight against poaching," says Dr Guy Fyvie, Veterinary Affairs Manager at Hill's Pet Nutrition.

The series tells the personal stories of five of the dogs and their handlers – the companionship, perseverance and connection between them and the important link with our natural environment. It also raises awareness of the key organisations, protected areas and individuals on the ground that are all working together to protect our natural heritage.

"There are substantial costs involved with training, feeding and looking after the health of the K9 unit dogs, and Hill's Pet Nutrition

has proudly been sponsoring the units with food, equipment and healthcare for the last decade," says Dr Fyvie.

De Beer says that this generous ongoing donation is a great help in training and maintaining these dogs so that they can perform at their very best. "We hope that by highlighting the work these dogs are doing, South Africans will help us to keep paws and boots on the ground and expand our K9 units."

Hluhluwe-iMfolozi Park, situated in KwaZulu-Natal, is often referred to as the "birthplace of rhino", as it was this area where the southern white rhino was saved from the brink of extinction, over half a century ago. Under threat from poaching, the park must continuously adopt and adapt methods to protect the species and ensure this crucial population is conserved into the future.

"The K9 anti-poaching unit is considered a game changer for South African National Parks," says De Beer. Since its inception in 2012, the unit in the Kruger National Park has grown from three to 46 dogs. Following great success, the project was extended to other national parks, with a total of 60 dogs now working around the country.

"Well-trained dog breeds such as Bloodhound, Belgian Shepherd and Malinois are perfectly suited to track poachers and to detect firearms, ammunition and wildlife products that enter and exit through park gates," says De Beer.

For more information, visit www.makingcontact.co.za *Image by Casey Pratt of Love Africa Marketing*

MONTEGO CELEBRATES 100 WEEKS OF M-POWER

Montego Pet Nutrition has recently celebrated 100 weeks of the M-Power charity relief project.

Over the 100-week period, a total of 100 460 kgs of Monty & Me was donated to animal welfare organisations across the country. To commemorate this exciting milestone, Montego has donated an additional 2,000 kgs of dog food to vulnerable animals in South Africa.

The M-Power site began as a Covid-19 relief project; however, due to the success of the online store, Montego has decided to continue partnering with the public to donate pet food at a discounted rate on an ongoing basis.

Montego has also extended the M-Power project to feed cats and

kittens by adding 20 kg bags of Monty & Me cat food to the online store.

“We would like to give a heartfelt ‘thank you’ for helping us fill the tummies of more dogs across South Africa over the last 100 weeks. Together we can continue making a difference to the lives of needy dogs and cats,” said Kelvin Westraat, Brand Marketing Manager at Montego.

Monty & Me products are

available at pet and vet shops that stock Montego from a RRP of R47,00. To donate via the M-Power site, visit www.montegopower.store



NEW CAT BOX PET HYPER OPENS IN KWENA SQUARE

“Kwena” (“Koena”) in Sotho means “crocodile”. Kwena Square is dog-friendly and represents the elements of water and nature which are abundant within Little Falls and Strubens Valley. Boasting an open-air design and a convenient outdoor lifestyle shopping experience, Kwena Square offers 250 free parking bays and 25 premium stores catering to your everyday grocery, restaurant, service, health, and beauty needs, as well as a wonderful large branch of Cat Box Pet Hyper, which stocks various high-quality dog food brands including Complete Pet, Lionel’s Choice, and Montego Pet Nutrition, toys, health products and more. Kwena Square is situated on Hendrick Potgieter Road in Little Falls on the West Rand of Johannesburg.



7 REASONS TO SUPPORT AN ANIMAL SHELTER LIKE DOGTOWN

Donations are what keep animal shelters running, like any other charity; they are the lifeblood of the organisation. Abandoned and stray dogs and cats are amongst the most vulnerable animals who are forced to rely on the support of strangers to stay alive.

It's not only during hard times that pets are abandoned or surrendered to shelters because their owners are no longer able to care for them. Christmas is also a very trying time for pets. Often given as a gift, once the novelty has worn off, they become homeless as the owner no longer wishes to care for them. These are among the reasons that shelters like Dogtown exist. Because donations are so important to save the lives of these animals, we believe it's imperative that our donors know how their kind donations are used. Here are the top seven areas funded by donations:

Food: Dogtown believes that a quality diet is important for the development and well-being of the dogs in their care. For this reason, they partner with Montego Pet Nutrition who do assist with a portion of the Dogtown food requirements. Thanks to Yankee Candle, who also support Dogtown with a monthly supply of Montego food, another portion of the food requirements is taken care of. However, there remains a shortfall in supplies, and this is where some of the donated funds are diverted.

Vet bills: A huge part of the running costs at Dogtown come from the medical bills incurred by the vaccinations, sterilisations and ongoing medical care of the Dogtown dogs. Whilst the vet practices that Dogtown works with provide preferential rates, donations are

needed to take care of these expenses. Donors can donate directly to the Fourways Vet to assist with these costs, or they can donate directly to the Dogtown fundraising efforts.

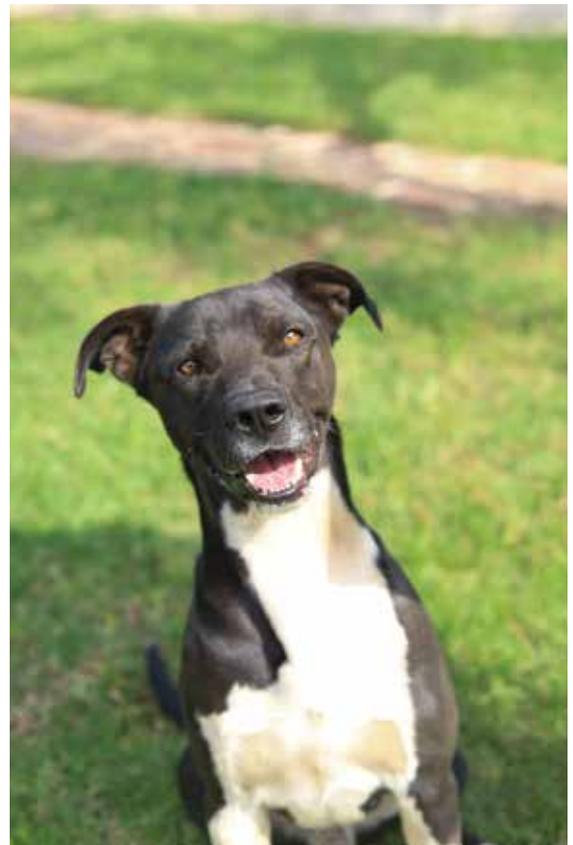
Safe space: Dogtown works with an octagon system with two dogs housed in an area. These fenced-in areas are grassed, with trees and house/kennel for the dogs. This is the safe space that the dogs need to feel protected and have a safe space to call home while they're waiting or preparing to be rehomed. Grass in these areas is needed regularly to replace areas; in addition, the houses need repairs, the trees need trimming, and from time to time the fences need repairing too. Funds raised also go towards keeping these areas safe and comfortable for the dogs.

Play areas: Dogtown has created a safe, closed-in area for the dogs to play in an unstructured way. This is part of their enrichment and a key part of readying them to be rehomed. This area sometimes needs the grass to be replaced, the fences to be repaired, and general maintenance done to ensure that it remains a safe haven for the dogs and their caregivers during playtime.

Running costs: The daily running costs at a shelter like Dogtown are enormous, and it's important to understand that the resources needed to rescue and rehabilitate dogs for adoption are large. These costs aren't limited to those highlighted above, but also to employ the dedicated

team of professionals who work tirelessly to care for the dogs in their care. Donations ensure that the facility is able to run and to support the staff of qualified caregivers, trainers and behaviourists.

Donations allow Dogtown to be set apart: Dogtown receives dogs from other shelters to help ready them for adoption. The behaviourists and trainers at Dogtown are experienced in working with troubled dogs and have a proven track record in working with dogs that have subsequently been adopted. Donations towards the running costs of the centre allow Dogtown to keep these professional trainers and behaviourists at Dogtown. It also means that they can continue to keep up to date with the latest trends in dog training.



COMPLETE PET GIVES BACK



Complete Pet have always been known for their great quality, interesting marketing campaigns, innovative loyalty app and fantastic

customer service, and they've always done their best to help shelters in need.

They donate one ton of food to different shelters each month, and in June, 500kg of Complete Pet was donated to Adora-Bull Terrier Rescue and Wetnose Animal Rescue Centre.

Complete Pet are also very focused on education and have a dedicated YouTube channel with new videos uploaded twice a week and a highly informative website which includes weekly pet care blogs. It's important for

South Africans to support local YouTube channels, and you can subscribe to their channel by scanning in the QR code. You can also follow their very interactive Facebook page @CompletePetfood.



The Complete Pet product range has been designed to provide dog food for all breed sizes and ages, with a product in each pricing bracket. Complete Pet Food have been operating in the industry for over 20 years and have built special relationships with pet shop owners across South Africa, always caring and looking for ways to help improve their businesses and service to pet owners.

WEBINARS FOR DOG LOVERS



Dogtown South Africa has the licence to present IMDT (Institute of Modern Dog Trainers) courses, with all profits from these training courses going to Dogtown to help care for the 150 abandoned dogs in their care.

The licence to offer the IMDT Course in South Africa came two years ago after members of the team completed courses locally with Steve Mann, who runs the IMDT, and in London with Dave Brice, also a qualified member of the IMDT.

IMDT South Africa has a wide range of webinars for a dog lover who wants to know their dog better, as well as longer correspondence courses to educate dog trainers and behaviourists to stay up to date. The webinars are R250.00 each, can be done in your own time,

and include:

- Red flag behaviours
- Separation/distress/anxiety and related disorders
- Canine brain
- Thoughtful enrichment
- Dogs and kids
- Preparing dogs for the vet

The courses are presented by such experts as David Brice, Head of Behaviour for IMDTB, Laura Ryder from IMDT Australia, and Dr Lucy van der Weide BScBVMS MANZCVS Behaviour Veterinarian.

Those looking to change careers or to enhance the training that they already have should consider the distance learning programme. These distance learning courses, which train the trainer, are offered via three

externally verified and accredited correspondence courses. These courses offer a wide range of education and support, from beginner to advanced, and are open for all to attend. And you can start now with a correspondence course like the Ofqual Regulated Level 3 Qualification. These should be booked online at www.imdt.co.za/correspondence-courses/

IMDT is a worldwide education provider for dog trainers and behaviourists and is a registered learning centre for The Open College Network. IMDT South Africa was founded in 2019 to bring training opportunities to South African dog trainers and pet industry professionals. Visit their website on www.imdt.co.za

Your Photos



HARRIET AKA Harri – “I’m adopted – aren’t my ears cute!”
– **SONJA CARSTENSEN**



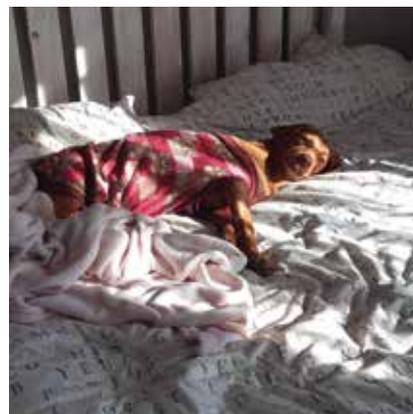
HERCULES – I’m a huge fan of the Canine Zone magazine and can’t wait to get my new copy every second month! Hercules is my Silky Terrier, and this photo was taken by Cat Schramm during a 2022 shoot for a food campaign.
– **KYRA SOUTH**



YSTER & LILLY in full wildlife mode and enjoying every second. – **CECILIA DE VILLIERS**



WILLOW GRACE STOKES is our little Designer Dog that we adopted in February this year. She’s the life and soul of the house and keeps everyone on their toes, especially her big brother – no wonder her nickname is FOMO!
– **MICHELLE STOKES**



SABIA, MISHA & KIARA – Soaking up the winter sun. “Don’t want to get up, mom!” – **CHIRESE DOS REIS MARQUES**

WIN! If your photo is the winning photo, you will receive a fabulous prize from Complete Pet. To enter, e-mail your photo and a sentence or two about your dog/s to editorial@caninezone.co.za

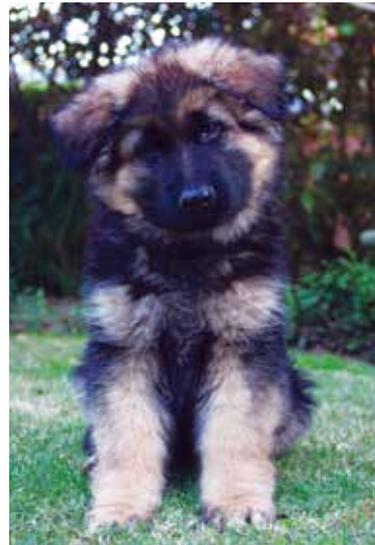


DIGGER & DAISY love going for rides in the Land Rover, and they make beautiful nose art all over the windows.
– **SARAH MINGAY**

SHADOW is our beautiful, mischievous eighteen-month-old.
– **CARLO LAVINI**



SNUFFELS says, "I'm sexy and I know it."
– **NICOLA MIEKE JANSE VAN RENSBURG**



JACK – Our ten-week-old little teddy bear.
– **ADÉLE ENGELBRECHT FOURIE**



NONNA – Soaking up some winter sun.
– **LIESL KOK**

JONES – Ball obsession, chasing squirrels, cuddling and food... in that order!
– **JONATHAN SAUNDERS**



Help!



GOT A QUESTION?

E-mail us at
editorial@caninezonesa.co.za
 and we will forward your mail to our
 behaviourists, Julie Bezuidenhout and
 Caitlin Balt-Helmrich to answer



DO ALL DOGS NEED TO GO OUT?

My husband and I have three dogs who are a vital part of our family and bring us such joy. We both run our businesses from home, so they have our company and interaction all day long. We also schedule an hour a day to play with them and do a training session each – all three went to puppy socialisation and training, and one of our dogs, Jake, went to advanced obedience training. I often read about the importance of taking dogs out on walks, hikes, playdates, shopping trips, holidays, etc., and it's something we've never done with our dogs. I worry that they aren't living their best lives because they're at home all the time. To be honest, they aren't the best behaved when there's company, and we don't want to cause a ruckus in a shopping mall or at a dog park. Do you think our dogs are missing out?

– CATHERINE & MIKE RICHARDSON

CAITLYN SAYS – You're right that there is a big, exciting world beyond our homes that many dogs thoroughly enjoy and benefit from. Dogs love being part of our lives and it can help to ease boredom and monotony. However, the expectation that dogs must go out and explore regularly is often unrealistic and unhelpful. Many dogs battle to cope with the stressors of walks, dog parks and outings. There are lots of ways to enrich your dogs' lives without going out – special attention, playtime and mental enrichment – but it does take some time and effort to fulfil their needs of exercise, sniffing and playing. If you feel ready to start including them more in your lives outside of the home, enlist the assistance of a trainer or behaviourist to guide you so that they can ease into the adventures. If it's not right for your family, work on making their lives at home as fulfilled as possible.



MY DOG IS TOO GREEDY



We are the proud parents of a very large Boxer named Colin. Colin gets fed a very high-quality food and a combination of kibble and cooked chicken, twice a day. Both his health and weight are good. Unfortunately, Colin is a greedy guts who wants to eat everything he sees. He'll eat plants, packets, toilet paper, and even boxes if he can get hold of one. When I cook, he's constantly underfoot, waiting for something to fall. When we eat, he's constantly waiting for a morsel and will paw a leg to remind you that he's still there and waiting for something. He gets treats two or three times a day, but we don't feed him any food off our plate. If there's something left, we'll take the plate to the kitchen and give him a piece of carrot or marrow, if there's any left (we're vegan). How can we stop Colin from acting as if we starve him?

– LAURA NANCY

CAITLYN SAYS – Dogs are curious creatures – they love to investigate new tastes and smells and they interact with the world through their mouths. Some of the behaviours you're describing sound like they may stem from a bit of boredom – Colin may be filling his time with things that he finds fun (much to your dismay!). Some dogs just enjoy chewing and ripping things up, and you can try providing appropriate outlets for this need as long as he isn't ingesting anything dangerous. When it's dinner-time, give Colin his own dinner in a slow feeding bowl, a long-lasting chew, licking mat, or a frozen treat to give him something to focus on instead of your meal. Remember to make a bit of a fuss over him when he's ignoring your mealtime, even if it's only a brief moment, and work your way up to longer periods of time.

WHAT'S THE BEST TRAINING OPTION?



We're the proud parents of an eight-week-old Jack Russell-cross pup and are thinking about training options. Doing our research and talking to our vet, we see that we can join a training school, get a behaviourist to come to our home to train privately, or board our puppy with a training school that will train her for us. Which do you think would be the

best method, and can you explain a bit about each option and how it works?
— ANNA FERREIRA

JULIE SAYS – Enrolling at a professional dog training school is by far the best option. Your puppy is young and needs to be socialised in a new environment where she can meet puppies and dogs of other ages. Up until around 20 weeks

old is when the window period is open for puppies to socialise. Your puppy will meet other people in new environments and be exposed to loads of things, enabling her coping skills for her life ahead. All puppies enjoy the outing and look forward to training school. Your puppy will also learn to develop a relationship with you outside of her usual routines and boundaries at home. You'll be expected to do homework and practise what you learnt in class for the week. Mandating a behaviourist to come to your home (unless you're experiencing early behaviour problems) is limited, in that the puppy doesn't get to meet other puppies and new people. Your home environment becomes associated with what the puppy is learning, and this could lead to it being fearful of going out, and of other things she wasn't exposed to during the impressionable (window) period.

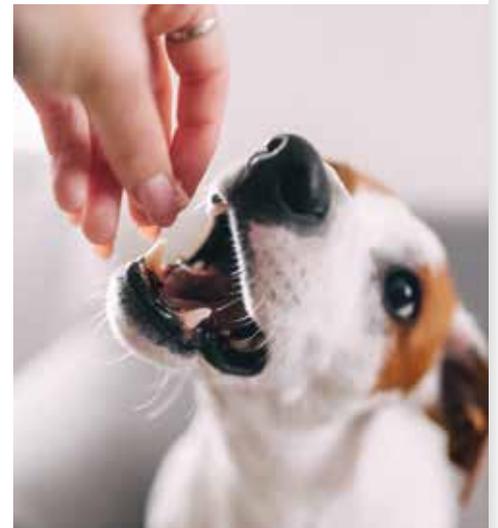
Inboard training is usually reserved for older dogs who were generally not socialised or trained at an early age. The trainers tend to have better, more stable relationships with these dogs, and it's essential that owners are taught by the trainers how to handle the dog.

HOW DO I GET MY DOG TO TAKE TABLETS?

I was wondering if you had any advice on how to get a dog to take medication easily. My senior Labrador now needs to take daily medication for kidney issues, but I'm finding it very difficult to get her to take them, even if I hide them in food or bits of cheese. She'll root out the tablets and spit them out. I'm now having to crush them and squirt them into her mouth with a syringe, which causes a lot of stress for both of us. There must be a better way? – MATHEW VOSTER

JULIE SAYS – It can be extremely stressful giving a dog medication, especially when they know it's there. I've found the most useful way to do this is to ensure that your dog is hungry. Use the highest value food available, and that your dog loves.

I've found that teaspoons of raw mince work well. I roll three small balls and put the tablet in the middle one. I get all excited about these three balls of mince, which the dog now wants. Holding the ball of mince in the palm of my hand (with no medication), the second one in the other hand (with the medication), and the third on the edge of the table, which has no medication. I offer the first one and quickly hold the second one so the dog can see it, and immediately the first one's taken, offer the second one. Ideally, you want the dog thinking about seeing the second one that she's about to get. Do this in a different place to where you usually medicate.



Ages & Stages

By Caitlin Balt-Helmrich



As puppies grow and develop, their behaviour and needs change. Understanding and meeting your growing dog's needs in a safe and positive way can affect their character and temperament for life.

NEWBORN (0 – 4 WEEKS)

At this stage, a puppy depends entirely on their mother for nutrition and care. They are blind, deaf and helpless, with eyes and ears opening at between two to three weeks. Handling by humans should be kept to a minimum and interaction with other pets avoided. A puppy's nervous system is easily overstimulated, and their immune systems are underdeveloped.

YOUNG PUPPY (4 – 8 WEEKS)

Puppies will start to engage more with each other and humans. They'll also begin to eat solid food around this age and gradually reduce their dependency on their mother for nutrition.

Around four weeks old marks the beginning of a critical learning period – the socialisation window. This is a formative time in a dog's life where they learn to be comfortable and confident in an unpredictable human world. Gentle introduction to handling by humans, and exposure to different floor surfaces (i.e. carpet, grass, wood, tiles) is important.

Puppies are also learning about common sounds in a home. By eight weeks old, your puppy should receive their first vaccination from your veterinarian.



How your dog's needs change throughout their life

PUPPY (8 – 16 WEEKS)

Puppies between eight to 16 weeks will be growing in size and confidence. This is a continuation of their critical socialisation period, and puppies need to stay with their littermates and mother until at least 10 weeks old, ideally inside a home setting. This will help them learn important information, such as how to interact with each other and humans, and what goes on in a household.

A socialisation plan should be in place to introduce puppies to a variety of sounds, people, pets, places and handling in a way that's positive and relaxed. Puppies should also be generously rewarded for focusing on humans and relaxing in increasingly busy settings. Your puppy will likely go through a fear period at this stage, where they're more cautious of new things and easily frightened. Manage their interactions with the world as much as possible to avoid frightening them and let them explore at their own pace.

Biting and chewing are a very normal part of a puppy's development, but they need to learn that humans are sensitive and that biting too hard will end a game. Nap time is also very important, and if you notice a puppy is playing particularly rough, or biting hard, they probably need a snooze.

Take your puppy out for a bathroom break when they wake up, after eating, after playing and every hour. Overnight, you can extend the duration to a couple of hours between bathroom breaks. When your puppy does their business outside, be ready to reward them. If your puppy has an accident inside, clean it up and be more vigilant next time – there's no need to "show them" what they did was wrong.

Your puppy's vaccination programme will continue to include a second and third booster during this time, as well as a rabies vaccine. Their immune systems are still not developed enough for high-disease areas such as dog parks.

Puppies can play for up to about 20 minutes, and

they can enjoy short, off-leash adventure walks in new, safe settings. Let them play in shallow water and experience different terrain. Leashes and harnesses can be introduced in the home, but puppies at this age should not do any sustained on-leash walking. A short stroll up the road or an outing somewhere safe, such as a dog-friendly restaurant, will give you more opportunity to get your puppy used to their world, with lots of praise and rewards!

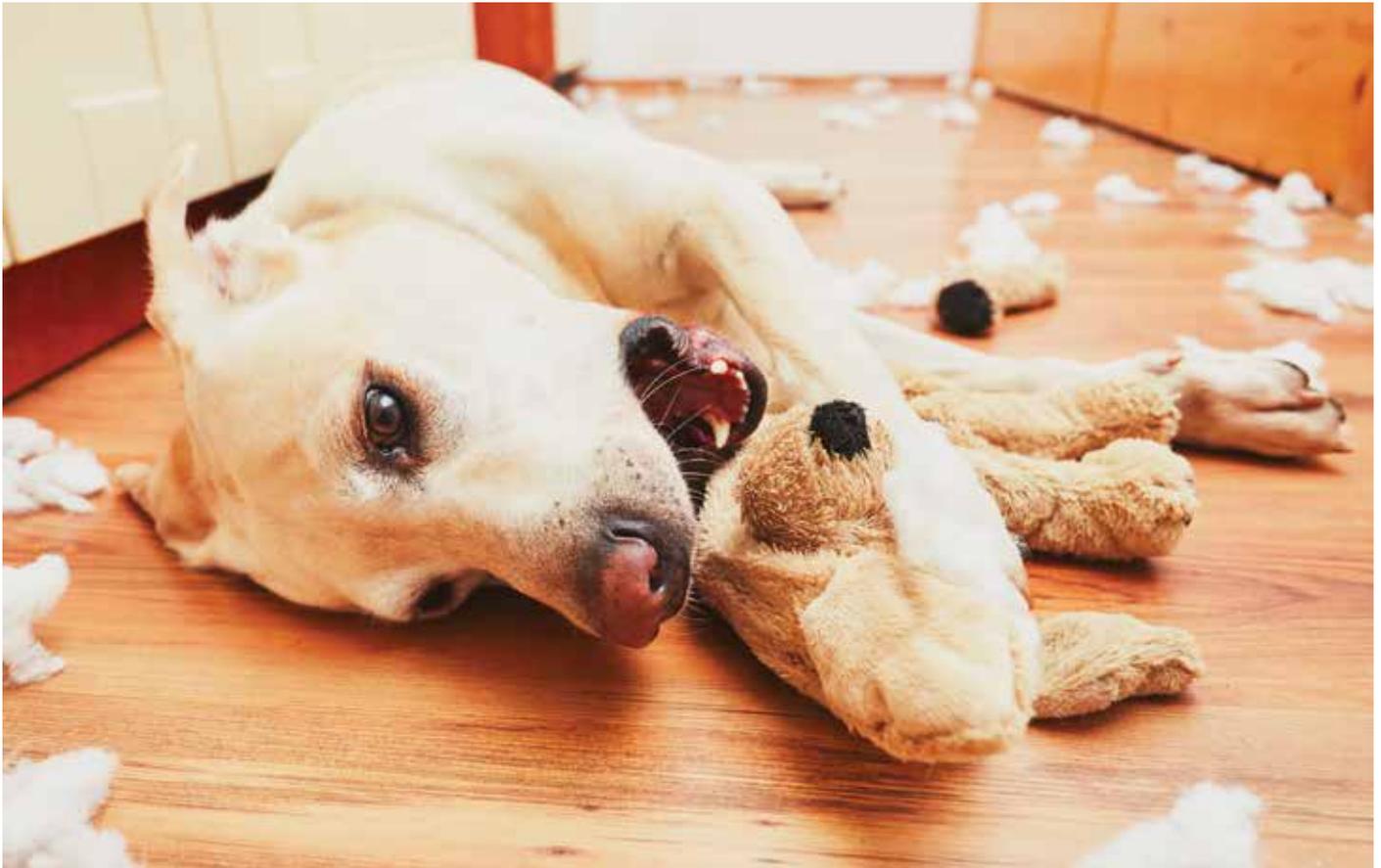
JUVENILE (16 WEEKS – 6 MONTHS)

At this age, puppies are still cute and clumsy but eager to please. You should have a reasonable idea about your puppy's personality by now, and they should be settling in comfortably to your routines and enjoying some outings. They can sustain longer walks, still at their own pace, preferably off-leash and away from unknown dogs. Plan play dates and visits with dogs of known, stable temperaments.

Juvenile dogs can start some simple training. The focus should be on concepts – i.e. instead of expecting a dog to "sit" for everything, teach them to love being close to you, teach them that new things are good things, and teach them to ignore distractions and focus on you instead. Help them to learn that they don't need to run up to and greet every person or pet that they see.

To help prevent resource guarding, teach your juvenile dog to exchange toys for treats. Their adult teeth will start to come through and they'll need lots of safe chews.





ADOLESCENCE (6 MONTHS – 2 YEARS)

This is the age where shelters see most dogs given up for adoption, and the most common age to contact the services of a trainer or behaviourist. When a dog is going through adolescence, their ability to make sensible behaviour decisions is limited. Dogs at this age are busy, bitey, and may seem to lack any self-control. If you feel frustrated and overwhelmed – your dog is feeling worse! Hormones may be making things more challenging, and you should chat to your vet about the right time to consider sterilisation.

It's important that you remain calm and patient. There's never a need to punish your dog for having a hard time. Go "back to basics" with some easy

training and focus exercises and celebrate the small wins. Keep up a regular exercise programme, but it's advisable to keep your dog on a long leash for safety. Your dog will need to be kept busy in appropriate ways, but also start learning the value of relaxing and doing nothing.

During this time, your dog may experience a second fear period, suddenly becoming reactive to or scared of things that haven't bothered them in the past. Any negative experiences during this time can have a lasting impact on your dog. Instead of forcing your dog to interact with what they're afraid of, increase the distance between them and the trigger and avoid interactions that you cannot control. It's wiser to stay home than risk making a negative association.



ADULT (2 YEARS +)

With a consistent and patient approach, your dog will come out the other side of adolescence as a well-adjusted, well-mannered adult dog. Sometimes, in spite of doing “all the right things”, certain dogs are predisposed to behave in certain ways, and it’s up to us to love them anyway and accommodate their quirks.

You can enrich your adult dog’s life with games and activities that help them use their bodies and brains and let them be with their humans. Maintain a regular exercise programme appropriate for your dog and family to ensure that they stay active and healthy. Adult dogs continue to benefit from regular training and stimulation. 🐾



SENIOR (8+)

Be patient as their bodies and minds slow down, and love them a little bit more on the difficult days. Work alongside your veterinarian to manage any illness or discomfort during their golden years. One day, they’ll go to sleep for the final time, and you can be thankful for the years of hard work and adventures that you’ve shared. It’s a privilege to watch a dog grow old, peaceful and loved.

Change a Life. Change Your Life.

by Wendy Scheepers, TEARS Marketing Manager



It's the dream! Cuddling a small puppy, watching them stumble while they run. Messy paws, sweet yawns with puppy breath. For them, it's a world of firsts! What's that in the sky? I've never heard that noise before!

Join a growing group of individuals who are opening their homes to a foster puppy or two as their contribution to animal welfare. Since the beginning of COVID, animal rescue organisations across South Africa have been facing an increase in surrenders. As a result, the shelters are full.

TEARS Animal Rescue in Cape Town has pioneered a Puppy Foster Programme with proven results. The programme was born out of the hard Lockdown. Says TEARS Kennel Manager Luke Kruyt, "TEARS made the decision to evacuate our Kennels for what we believed would be three weeks as we'd be without the assistance of volunteers during that time. Out of the 120 dogs evacuated, only 20 returned."

It was during this time that TEARS continued keeping puppies in foster homes, finding that they thrived. By learning to be in a loving home from the

Have you ever considered fostering a puppy?

beginning, TEARS puppies were able to transition more easily into their forever homes.

THRIVING PUPPIES

"Puppies that grow up in a home are given so many more opportunities to socialise, learn about home life, get used to new people of different ages, different types of animals, new experiences and more!" says TEARS Foster Puppy Coordinator Andrea Pearson.

Foster parents are supported with Hill's Puppy Food for optimal nutrition, as well as veterinary support from the TEARS Veterinary Hospital. The only thing we need from our foster parents is a safe and happy temporary home for a cutie. And it doesn't hurt to fall in love either!

SUCCESSFUL HOMING

Thanks to the network of puppy fosters, TEARS is able to help more dogs by keeping puppies in foster homes while freeing the shelter up for more adult dogs. Moreover, TEARS experiences more successful homings.

TEARS encourages anyone who's willing to open their home and their heart to apply to be a TEARS foster parent. Help a rescue puppy find their way in this world.

WHO SHOULD APPLY...?

The best foster applications would be a foster home where someone is home most of the day to supervise the puppy and ensure that they don't injure themselves or get into mischief. The foster family will need to have their own transportation to bring their pup back to TEARS for vet checks, vaccinations and to adoption fairs. It's an added bonus if the foster family has had a dog before, but TEARS will give support to first-timers too.

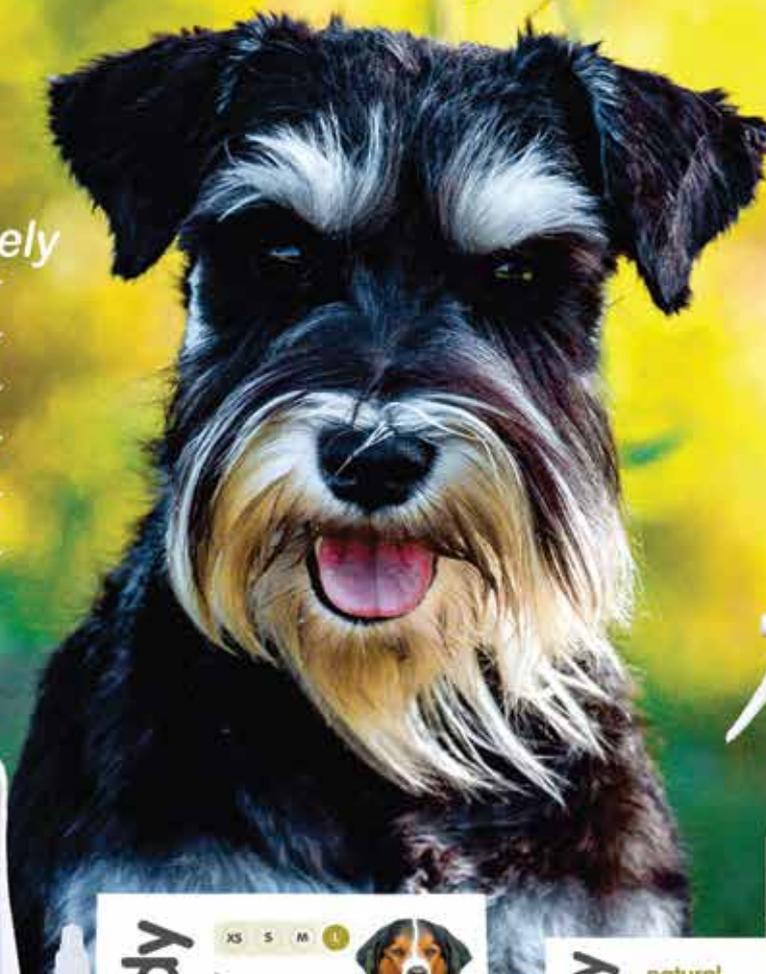
Apply today at www.tears.org.za. If you have any questions about fostering or would like to get more information, contact us at puppies@tears.org.za 🐾

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Adopting a rescue dog – 10 steps to success

By Gordon Banks, Senior Behaviourist at Dogtown



Owning a dog is a big commitment, therefore the decision to adopt shouldn't be taken lightly. Remember, the average life span of a dog is thirteen years, and you'll be responsible for the dog for his whole life, not just until the "novelty" wears off.

There are many points to consider before deciding to adopt a dog – here are 10 of the more important factors to take into account:

CAN YOU AFFORD A DOG?

Owning a dog is expensive. Apart from good-quality food, there are other expenses like baskets and bedding, equipment such as a lead and harness/collar, toys and treats, as well as grooming. Veterinarian costs also need to be factored in – vaccinations, deworming, microchipping (highly recommended) – and then there are the general and emergency medical expenses. Having a dog sterilised is also expensive, but fortunately, most shelters will have this done before homing them. These are lifetime costs and don't cease after the initial purchase of your dog.

DO YOU HAVE TIME FOR YOUR DOG?

Dogs need both physical and mental stimulation daily to avoid boredom, which is one of the most common reasons behind unwanted behaviours. Destructive chewing and excessive digging in the garden are two of the more frequent of these behaviours and are also a primary reason why many dogs are surrendered to shelters. You must be able to spend quality time with your dog daily.

DO YOUR HOMEWORK

Before adopting a dog, you need to research what breed of dog you'd like, and even more importantly, what breed would suit your lifestyle and environment. If you want a dog that will curl up on your lap while you watch TV, then a 75kg St Bernard might not be the wisest choice. Likewise, you need to consider the physical environment in which your dog will be living – a high-energy working dog may find it difficult to cope in a small, confined garden setting.

FOSTERING BEFORE ADOPTING

If you're a first-time dog owner, consider fostering a dog before you commit to adopting. Most shelters have this option, and it's a great way for you to determine if you're ready and able to make that permanent commitment to adopting a dog.

AT THE SHELTER

Gather as much information as you can about the dog you may be interested in. The caregivers will be able to give you vital information regarding the dog – things like his general health; where he came from; his personality; is he fearful or anxious; how he reacts around unfamiliar people, and in particular, children; and how he reacts to other dogs or cats. Asking these questions will give you a better understanding of the dog's background and needs and whether you can provide the necessary environment for him to live in happily.

DOG-PROOFING YOUR HOME

Dogs like to roam (remember, many shelter dogs are



Your “need to know” when adopting a dog

there as strays), so your property perimeter must be firmly secured. Gates, walls and fences need to be jump-proof. Special care needs to be taken regarding storing toxic or poisonous items like garden fertilisers and pool chemicals. Puppies especially love to chew anything they find lying about.

INTRODUCING YOUR NEW FAMILY MEMBER

If you're adopting a dog into a family where there are existing dogs, then a proper introduction is essential. Take the resident dog/s to the shelter to meet the prospective new addition before bringing it home. Doing this will give a good indication of whether the match is suitable. Again, introduce the dogs on neutral territory before entering your property for the first time.

MEALTIMES

Mealtimes are important to your dog, so they mustn't be put under any stress whilst eating. If you have more than one dog, ensure they're fed a suitable distance apart to avoid any potential resource guarding issues (this is quite common in shelter dogs). Twice daily feeding is recommended, and don't leave food down all day for the dogs to eat if and when they feel inclined to.

DAILY ENRICHMENT

Dogs are high-energy animals and require both physical and mental stimulation daily. Taking your dog for a walk or playing games like fetch or hide-and-seek will help release energy and provide exercise. There are numerous brain toys available on the market designed to give the dog mental stimulation; combined with scent work-type games, they'll keep it happy and contented.

PART OF THE FAMILY

Make your dog a part of your family. If you lavish him with love and affection, he'll respond in a like manner and give you years of fun and enjoyment.

ADOPTION TIMELINE

The 3/3/3 rule is a general guideline for the

adjustment period of a dog after adoption. Every dog is unique and will adjust differently. Give them a chance.

Three days to decompress –

- Feeling overwhelmed.
- May feel scared/unsure of what's going on.
- Not comfortable enough to be himself.
- May not want to eat or drink.
- Shuts down and/or hides under furniture.
- Tests the boundaries.
- Be clear from the start what you want from your dog (e.g. sleeping on the bed), and be consistent!

Three weeks to learn your routine –

- Starts settling in.
- Feels more comfortable.
- Realises this could be his forever home.
- Figures out his environment.
- Gets into a routine.
- Lets his guard down. May begin to show his true personality.
- Behaviour issues may start to appear.
- Will test boundaries, so consistency is key!

Three months to start to feel at home –

- Finally feels completely comfortable in his home.
- Begins to build trust and a true bond.
- Gains a complete sense of security with his new family.
- Sets into a routine. 🐾



Who let the dogs in?



Pet Sitters International celebrated the first annual Take Your Dog to Work Day on the Friday following Father's Day in 1999. The original goal was to create awareness of the bond between humans and dogs to encourage adoption. The yearly event also sparked an interest to welcome more furry friends to workplaces.

Studies have shown there are benefits in allowing dogs in the workplace, like stress relief. However, a few things need to be in place to make the office comfortable for you, your dog, and your colleagues. FOUR PAWS, the organisation working for animal welfare worldwide, put these hints together for dog lovers and their colleagues.

Follow this A-to-Z guide to set up a dog-friendly workplace:

ALLERGY: Send out a notice beforehand to remind colleagues who might be allergic to dogs to bring their allergy medication along.

BED: Be sure to put your dog bed into the washing machine before the Big Day to make sure it smells fresh next to your desk.

CHOCOLATE: Ask colleagues with a sweet tooth to clean out their treats on their desks so that all chocolates can be put in a safe place. Chocolate is toxic to dogs.

DOG-ZONE: Create a dog-zone beforehand close to

your desk where you can keep your mutt's toys, water and food bowl, as well as his dog bed.

LIFTS AND ESCALATORS: These are spots where dogs can easily be injured. Your furry friend shouldn't be exposed to the danger of escalators. Rather take the stairs. Also, be aware of lift dangers when stepping in or stepping out. The dog should be kept very close to you on a short leash.

FLEA AND TICK TREATMENT: Make sure your dog's possessions, like his dog bed, are free from fleas and ticks.

GOOD BEHAVIOUR: It would benefit all if your dog understood at least three commands: Sit, stay, and come.

HAZARDS: Clear the floor from office stationery such as paper clips that dogs can choke on.

ID ON COLLAR: Circulate an e-mail beforehand with your cell phone number, the dog's name, as well as where you work in the building. This should be the same as the information on his collar or ID-tag.

JUNK: It's a good time to clean the office out and get junk that might be dangerous to your K9, such as old boxes, out of the way. Fasten electrical and computer cables to the wall.

KEEP TO A CERTAIN SPACE: If you have a removable dog gate at home, install it at your own office door to keep your dog from roaming.

LIDS OF GARBAGE BINS: These should be tightly fitting to deter your furry friend from a sniffing inspection.

MEETING PLACE: Agree beforehand with other colleagues bringing dogs where you can meet and introduce possible future friends.

NOISE: Do a noise check on the office beforehand to curb dog noise anxiety.

OFFICE PROTOCOLS: Make yourself familiar with company policy for bringing animals to work.

POTTY BREAKS AND POOP BAGS: Be sure to take your dog for walks at regular intervals. Make sure that you take poop bags and a poop scoop along to clean up after your dog.

QUARRELS: To prevent conflict, socialise your dog

The A-to-Z of making your office dog-ready

beforehand at a doggy date with a friend's dog.

RESPECT: Respect colleagues' wishes who are afraid of dogs and perhaps arrange just a visit to the office for an hour in an outside area.

SPACE: It's important to check with the company's landlord that bringing a dog to the office isn't against your lease and the office space you are in.

TOYS: Squeaky sound toys are popular with dogs but might be

unpopular at the office. Rather bring one that can be quietly chewed.

U-TURN: Put a "Dog-in-the-office" sign on your door in case a colleague might prefer to make a U-turn at the door and rather phone you.

VACCINATION: Check that your dog's vaccinations are in place. Double check that your dog has been vaccinated against kennel cough.

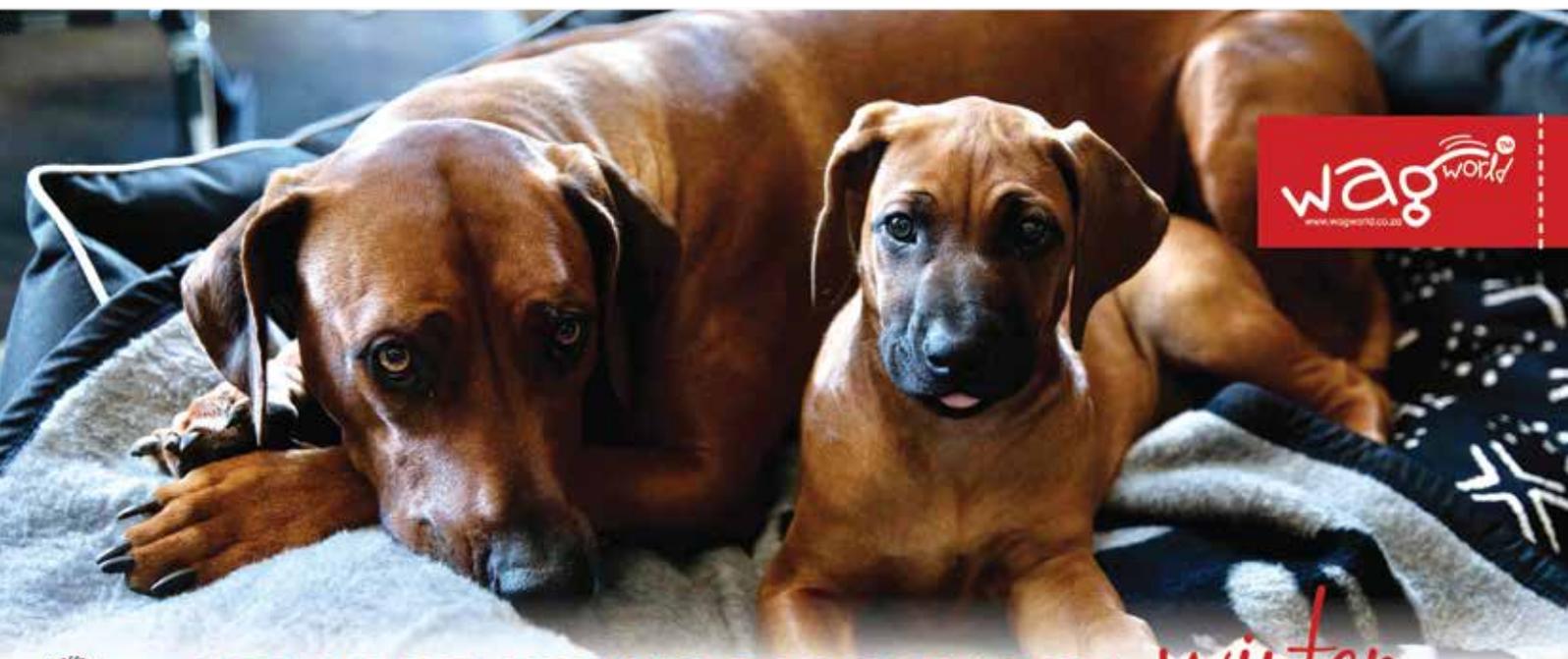
WALKIES: Plan a route for a

neighbourhood walk-around which takes in plenty of open green space.

X-IT: Agree on an exit plan beforehand in case you and colleagues need to take the dogs outside in an emergency.

YAPPING: Make sure that you know how to calm your dog down should a yapping spurt happen in the office.

ZONE: Name a pet-free zone, like a meeting room, where colleagues wouldn't be distracted by dogs. 🐾



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Tyson & Rochelle... it's a TKO!

By Louise Brolly – Adora-Bull Terrier Rescue



Tyson had been with Adora-Bull Terrier Rescue for quite some time – he'd been in boarding kennels when he first arrived then moved into our "old" kennel premises. He was one of the very first dogs moved into the new Adora-Bull premises, which we've finally been able to call ours.

During his time with us, Tyson always remained a kind, patient and sweet dog, though absolutely obsessed with his ball, which he sleeps and plays with and which normally stays right next to his food or IN his water bowl, and of course, he goes for walks and drives with. He's a ball-driven boy who finds nothing more fun than goofing around with his favourite toy.

Through the years, Tyson seems to have been happiest at Adora-Bull because, well, balls are always available and his favourite person in the world, volunteer and employee Rochelle Dumas, would come to see him and walk him almost daily.

A LOVE STORY BEGINS

The love story between Rochelle and Tyson was instantaneous. She was a founding member and a woman on a mission to help the rescue organisation and the Bull Terriers in its care, whilst Tyson was on a mission to steal her heart – and that he did! They've been almost inseparable during his tenure at kennels, and though there's been interest in him in the past, for some reason or another,

Tyson remained with us, where he's been the happiest boy.

As they say, time and tide wait for no man, woman or dog, and, sadly, our beloved Tyson was diagnosed with skin cancer. It was a heart-breaking diagnosis, but one that we knew we'd take on and manage to the very best of our ability while ensuring his comfort and dignity at all times. It would never make us love him any less.

Tyson has also (it feels like almost overnight) attained the glorious age of eleven years old and, like a fine wine, has only become a finer dog.

During this time, Rochelle had been preparing her heart for the

A true love story

day she'd be able to take Tyson home and call him her own. She's been so patient in waiting for the right time to do so and Tyson has finally joined the Dumas family and received his forever family where he can have his senior silly moments and a ball whenever he wants it.

A BLESSING

We're blessed fleetingly in this life with the perfect companion, and we must always embrace those moments and wring every last drop of joy and pleasure out of them. Tyson seems to have a new lease on life – family routine and being with Rochelle have returned the pep to his step. He's truly enjoying the best years of his life in his forever home with Rochelle, whom he always has and will continue to adore.

Adora-Bull would like to thank Rochelle for making space for one more Bully in her heart and in her home and for never turning her back on this glorious white dog who's loved her for what seems like forever.

Whoever said diamonds are a girl's best friend never owned a dog! 🐾



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The Society for Animals in Distress – Giving Back

By Ancha Smuts (Fundraising Manager)

Veterinary care built on a foundation of animal care education

The Society for Animals in Distress (SAID) was formed in 1958 by the late Didi Rutherford, who had an unrivalled passion for the well-being of animals. We provide professional veterinary care that's built on a foundation of focused animal care education within marginalised and disadvantaged local communities. Our professional veterinary care is supported with experienced surgical and medical veterinarians and para-veterinarians who achieve excellence in their respective disciplines.

SAID are situated in Vorna Valley, Midrand, on a 4.2ha farm. Our facility comprises of a state-of-the-art small animal hospital with over 200 kennels inside and outside, an equine care centre, paddocking for herd animals and equine, administration offices and storage facilities.

We're governed by the South African Veterinary Council (SAVC) and as an animal welfare organisation fall under the Department of Agriculture. We're a non-profit organisation registered with DSD with full public benefit registration, enabling us to provide tax deductible receipts for all donations received.

Our services are 100% funded by donors and several sustainable income streams that SAID has developed and perfected over the years. SAID is also proudly supported by committed volunteers who increase our capacity to successfully deliver our mandate.

SMALL ANIMAL HOSPITAL

Our small animal hospital has over 200 kennels, a fully operational theatre with two theatre tables, an ICU, a treatment room, general wards, a pharmacy, and an X-ray facility. Our professional veterinary care is supported with qualified and experienced surgical and medical veterinarians and animal health technicians.

Our state-of-the-art hospital provides treatment to animals delivered by our mobile units, fellow animal welfare NGOs, and general welfare clients and referrals.

At SAID, we're passionate about collaboration. We partner with fellow animal welfare NGOs in the region by providing supreme veterinary care and treatment at heavily subsidised rates. NGOs are, therefore, also able to access our services, which include sterilisations and vaccinations for the animals in their care for a fraction of the price they'd otherwise pay at a private veterinary clinic. Our rates for NGOs are R450 per sterilisation for both dogs and cats, and this includes FIV and FELV testing for cats.

MOBILE UNITS

SAID has three mobile units that service the communities of Olievenhoutbosch, Tembisa, Ivory Park and Diepsloot on a regular basis. Each field team is comprised of a trained Animal Health Technician (AHT) and dog handler who focus on providing basic veterinary care and education to the communities.

COAL YARD PROJECT

The Coal Yard Project was launched in Tembisa in 2004. These coal yard operations derive their income from the delivery of coal with the use of horse-drawn carts. SAID currently cares for 42 working horses and donkeys in the coal yards, but these numbers tend to fluctuate as the need for coal grows in the winter months. The Coal Yard Project's goal is to develop financially strong businesses that benefit the community through the knowledgeable care and use of their working horses and donkeys.

For more information, contact us on 0836408824 or email ancha@animalsindistress.org.za. You can visit our website on www.animalsindistress.org.za. Banking Details: Animals in Distress, FNB Carswald, Acc. no.: 51470054747, Branch Code: 250655 



5 TOP TIPS FOR VET VISITS

By Gavin Miller, Managing Director at Marltons

A visit to the vet doesn't have to be ruff – 5 top tips for the purr-fect vet visit



Ask any dog owner what one of the most stressful parts of having a fur baby is and the chances are they'll tell you that it's a visit to the vet. Not much can get a calm cat or docile dog worked up more. For owners and dogs, the entire experience can be terribly stressful – many dog parents put off regular vet visits all together because of the stress.

Here are five tips to make sure your dog is vet-ready so that the experience can be as stress-free and positive as possible, because regular vet visits are an integral part of owning a healthy, happy dog.

1. **Get extra touchy-feely**

When your dog's being examined by a vet, they're going to get touched all over. From under their feet, to the inside of their ears, to

having to open wide and even down to the tip of their tails, no fur will be left unturned. In the days leading up to the vet visit, get a little extra affectionate with your dog. Tickle their tummies and gently stroke and touch some of the places that may be unexpected for them. You can even give them some treats while doing this – and take some along for the visit. This will ease their anxiety when they're being touched during their checkup.

2. **Tire them out beforehand**

Take your dog on a brisk walk or have some extra playtime with your cat before your visit so that they aren't full of pent-up energy. They'll handle the drive and the examination a bit better if they're feeling tired.

3. **Make sure they travel in style**



It's important to remember that the vet visit actually begins from the moment you put your dog in the car. If they're not used to dog carriers, then let them play inside one for a bit in the days leading up to the vet visit so that they get used to it. Speak to them reassuringly throughout the journey and avoid playing loud music, driving too fast or hooting too much. A calm journey sets the scene for a calm vet visit.

4. **Plan ahead when it comes to treats and toys**
Make sure your dog hasn't had a big meal right before the vet visit. One method to provide a stress-free visit is to give your dog treats during the exam – this works especially well if they're a little bit hungry. If your dog has a favourite blanket or toy, bring that along as well to reduce their anxiety.
5. **Calmness is contagious and timing is everything**
You know how your dog knows exactly when you need a cuddle or when you want to play? Well, they also know when you're feeling stressed. And this stress can make them feel very anxious. Try to project a calm demeanour before the vet visit. Avoid excess reassurances or behaving as if something unusual is going to happen, because fur kids are very perceptive. Also, make sure that you're on time for your appointment, and if you can't make an appointment, make sure you can chill with them

outside in a comfortable space instead of a waiting room full of anxious animals.

STAY CALM

Of course, there are going to be times when emergencies occur, and your number one priority is getting your dog to the vet as quickly as possible. In cases such as these, you may not have time to prepare – yourself or your dog. Just try your best to stay calm for both your sakes if emergencies happen. Vets are trained for times like these, and once you get your dog into their care, they'll know exactly how to ease their anxiety.

Much like dentist visits for humans, vet visits aren't always pleasant. But they're very necessary. If you can make your dog feel comfy and safe, then the experience will be forgotten before they even swallow that first treat when they get home. 🐕





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Spay or neuter your dogs – An important part of responsible dog ownership is to help prevent the number of unwanted dogs in our communities. Spaying and neutering also avoids certain cancer risks and often results in safer dog behaviour and, therefore, longer lifespans.

Don't treat your dogs with human medications – Human meds can be highly toxic for dogs, causing major organ damage and, sometimes, death. Get professional vet advice if your dog ingests human meds accidentally, or if your dog needs care for an ailment.

Michele Carelse, CEO of Feelgood Health, one of the country's pioneering online health and wellness stores, says, "There is a world-wide trend towards products that are natural, eco-friendly and cruelty-free that is ever-increasing. More and more consumers realise that what they eat and what they use on their bodies not only affects their health, but also the health of the planet. Because dogs are part of our family, this trend is extending towards our choices around dog products as well. From grooming aids like shampoos, to treats and supplements, choosing natural, eco-friendly and cruelty-free options is good for our dogs, and better for the environment."

HERE IS MICHELE'S CHECKLIST FOR HOLISTIC DOG CARE:

Good-quality food and weight management – It's worth investing in a healthy diet and ensuring that your dog doesn't become overweight. Avoid unhealthy treats and tidbits of human food, especially sugary treats. Stick to healthy, naturally formulated treats for dogs and follow the recommended amounts if

Be proactive when it comes to parasites – Ticks, fleas and worms are threats to the health of cats and dogs and pose risks to the humans living with them. It helps to find a regime of parasite control, especially using products with safe ingredients. Be aware that many conventional flea and tick treatments may contain substances that do adversely affect dog health.

Take dental hygiene seriously – Dogs benefit just like we do from regular dental care. Pay attention to the condition of your dog's teeth and be aware that breath odour can be a symptom of an underlying problem.

Provide a stimulating environment – Help your dog enjoy life to the fullest! Stress does impact on health and longevity. Make sure your dog gets the level of daily activity it needs and that your cat can express its natural behaviour as safely as possible. Daily family activities such as walking the dog or playing with the cat will enrich bonds and regulate stress all round. 🐾

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Throughout Dr Niven's career, he has been committed to treating animals with homoeopathic medicine, now known as the **Eco-Vet range** which is registered with the department of agriculture.

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- Works on the concept of Nano-particles, for an effective result without side effects.
- Animals react to homeopathic remedies quicker and better than humans.
- Eco-Vet can be used for cats, dogs, hamsters, birds, racing pigeons, and horses.



Some of our immune support products



ECO-COLOSTRUM

- Assist in preventing fading puppy syndrome
- Enriched with L-Lysine, a strong anti-viral
- Increased immune protection for new-born puppies
- Lines the digestive tract to prevent diarrhoea
- Faster weight gain and more robust puppies



ECO-COUGH

- Various respiratory problems such as blocked nose, runny nose, nasal discharge, sneezing
- Recent cough (if cough has been present for longer than four days, treat with Eco-Snuff)
- Prophylactic for kennel cough
- Pharyngitis and tonsillitis (works well in conjunction with Eco-Heal)



ECO-SNUFF

- Chronic respiratory problems
- Chronic bronchitis and pneumonia
- Cat Flu
- Advanced stage of "snuffles" in cats
- Chronic kennel cough
- Equine influenza and pharyngitis in horses
- Chronic sinusitis
- Respiratory virus in racing pigeons

It is important to note that Eco-Cough is used in acute conditions of the respiratory tract, where Eco-Snuff is recommended for chronic conditions.

ECO-VET

We love animals. Naturally!

For more information please contact:

Your Companion (Pty) Ltd

Reg no 2011/100210/07

Corner of Brug and Isotope Street, Bellville 7530, Cape Town

PO Box 337, Bellville, 7535, South Africa

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www.ecovet.co.za

Seasonal allergies

Ways to help your dog



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Our pets can suffer from seasonal allergies and be allergic to natural, seasonal substances such as plant and tree pollens, mould spores, dust, feathers and fleas, as well as chemicals such as those found in household cleaning products, cigarette smoke and certain perfumes.

The immune system overreacts, and your dog may lick or scratch themselves, experience itchy, swollen skin, sneeze repeatedly, develop itchy eyes and even suffer from diarrhoea and vomiting. In some cases, a secondary infection may develop.

Reduce the damp

Minimise the amount of time your dog spends in damp environments, such as basements, bathrooms, or laundry rooms, as these places are more susceptible to mould growth. Reduce swimming activities and ensure that your pet dries thoroughly.

Clean surfaces

Vacuum at least once a week, and remember to clean curtains and rugs that may have picked up dust and pollen. Use natural flea and external parasite sprays and powders for surfaces where your pet lies regularly.

Keep beds clean

The surfaces your dog comes in contact with at bedtime can become covered in allergens, so make sure they're kept clean by washing them weekly in hot water. Place towels or blankets on top of beds (yours and theirs) and chairs to make this task easier. Wash soft toys regularly.

Change your daily walk routine

If possible, avoid walking your dog in the early morning or late afternoon when pollen levels are typically highest. Steer clear of fields and parks where offending plants are common. On returning home, wipe your dog's body and paws with a moist cloth or a hypoallergenic, fragrance-free grooming wipe.

Bath time

Prevent dry, itchy skin by giving your dog a bath more often with a gentle, hypoallergenic anti-itch shampoo that contains a soothing ingredient such as oatmeal, aloe, or evening primrose oil.

Try homeopathic remedies

Natural remedies have no side effects or toxins meaning they don't harm when they heal.

Eco-Vet Homeopathic products treat a large variety of animal conditions be it physical or emotional, such as sinusitis, back problems, epilepsy and a range of other acute and chronic conditions – naturally.

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BEING WITH BENNIE

By the DARG team



Bennie was found rummaging in a rubbish heap in Hangberg, Hout Bay. He was basically skin and bones when he arrived at the shelter. After a vet check-up at Hout Bay Vet, he was diagnosed with Ehrlichia, which is deadlier than tick bite fever.

Bennie started to put on weight and fought the Ehrlichia, which was very encouraging for The DARG Team as he'd very quickly crept into all of our hearts. However, Bennie was still struggling a bit with his breathing, which was worrisome for the vets. A further check-up showed he had a lung and heart defect, and an urgent appeal was put out for a foster home for him.

Nobody came forward, but a wonderful long-term volunteer, who adored him, offered to foster him. He was in heaven in her home, but her cats weren't impressed at all. Tisha, the volunteer, had successfully integrated two other DARG dogs with her cats, and Bennie didn't show any interest

in chasing the cats at DARG. Unfortunately, once settled in, Bennie started chasing one of her cats to the point that he wouldn't come down from the countertop at all! With a very heavy heart, Tisha brought him back to DARG after trying everything possible with a certified behaviourist to discourage his desire to chase.

FOSTER APPEAL!

Yet another foster appeal went out for Bennie. In the past, he would've found a foster fairly easily, as he's dog-friendly and wonderful with people both big and small. However, the negative effects of Covid have caused so much emotional distress for many, and everyone's emotional buckets were overflowing, so to speak. No one could face more sadness in their lives by getting attached to a dog with such an uncertain future, and no one came forward. So, Bennie waited at the shelter and the weather got colder, which was far from ideal given his condition.

HELP AT LAST...

The vets don't know when Bennie will leave this world, but the DARG Team were hoping for a miracle, to say the least. DARG's adoption manager was really struggling: She tried many avenues to get him into a foster but simply wasn't winning. Bennie has the most soulful eyes, and each time she walked past, it was as though he was pleading for her to help him. One day, an adopter by the name of Nicola Tyson contacted her on WhatsApp. Almost three years ago, Nicola came to adopt the "least adoptable dog" and ended up taking Coco, our sweet one-eyed senior girl. Coco had an amazing life with Nicola and passed away peacefully a month ago. Nicola was devastated, as Coco was her everything. She wanted to help another dog, so she asked to come in and see who might be right for her. While walking around to meet some of the dogs, she saw Bennie. Having been told of his uncertain future, she still wanted to help him. Bennie just so happened to be in Coco's old enclosure, so Nicola saw this as a clear sign she needed to help him.

We can never give up hope that the impossible is indeed possible

PRECIOUS SPA DOG

All Bennie wants is to be with people. Now he has “humans on tap” as he’s living it up at Nicola’s spa: The Loft Spa. He even gets to lie with some clients while they get their treatments. Bennie’s earning his keep, though, and makes sure he’s at the front desk to greet all the clients. If any Canine Zone readers are scheduled for a massage or a facial at The Loft Spa in Greenpoint, you’ll no doubt be welcomed by our precious boy. We can never give up hope that the impossible is indeed possible, and for Bennie he’s one happy boy living in the present, which is a lesson to be learned by so many of us.



LEARNING FROM BENNIE

By Nicola Tyson

Losing my beloved Coco was incredibly hard, but when the vet told me she didn’t have long, every day turned into a day of gratitude that we could spend one more day together. She left behind a huge void in my life, but I felt compelled to help another dog in need.

I went back to DARG and the adoptions manager was so wonderful with her compassion and understanding and showed me a few beautiful dogs with a longer lifespan than Coco had. As I walked through the kennels, I didn’t feel a connection, but when passing Coco’s old enclosure, there was this handsome boy!

I needed to just greet and touch him and took it as a sign I was meant to have him, even more so later upon finding out he wasn’t normally in that enclosure. In my heart, I knew he had to have his final home with me. Isn’t that what we’re all searching for – a safe place where we all belong.

Bennie has taught all of us so much – my team and my clients – all of whom have fallen hopelessly in love with him. He’s this being of light with a vibrancy that denies his condition. He has us in stitches with his antics, and every morning I whisper to him: let’s make today count. He shows me what life should be... what living means, and that every day should be experienced to its fullest with an open heart and with the pure joy of knowing every moment is a privilege. 🐾



Gentle Giant Gus

By Wendy Scheepers, TEARS Marketing Manager



Gus, a beautiful Boerboel boy, was rescued and brought to TEARS Animal Rescue as a result of a joint operation with 1 Kennel at a Time and the Cape of Good SPCA.

TEARS had met Gus once before his rescue when he was brought to the TEARS Veterinary Hospital seeking treatment for ehrlichia. When he came to us a second time, sick once again with ehrlichia, severely malnourished and underweight, there was no question that Gus wouldn't be returned to his owners who'd clearly been neglecting him.

Beyond his veterinary issues, Gus was very timid and especially fearful of men, but despite being so scared, he was ever gentle. The Kennel Team spent time with Gus to not only gain his trust but to help him feel more comfortable around people.

A match made in heaven for one lucky Boerboel

His behaviour indicated that he'd suffered neglect, and we did know that he'd been living life on chain. With kind words and quality time, Gus learned that people weren't all that bad. He also found two new guy friends in Kennel Manager Luke and Kennel Coordinator Banele.

KINDNESS COUNTS

Over the weeks, Gus won the hearts of all of the TEARS Staff, who'd often take their breaks with him, sitting on the ground with him and gently stroking him and speaking sweet words.

Gus' confidence grew, along with his weight. He filled out beautifully, and we felt that he was ready to find his forever family.

It was just when Gus was advertised for adoption that Nick decided that he was ready to look for another Boerboel to join his family, having lost his 14-year-old Boerboel the year before. Nick was looking for dogs available for adoption when he stumbled onto the TEARS website and saw Gus listed on the top row – it was fate!

Nick phoned TEARS to enquire about Gus and arrange a meeting. Learning that Gus was still a bit nervous around men just drew Nick even more to him. Nick knew that Gus would find the perfect home with him and was willing to work through any insecurities he had.

MAKING A CONNECTION

After meeting Gus and seeing how hesitant he was, Nick was even more determined that he come home with him as he understood the breed. On the second meeting, Gus was again hesitant until Nick pulled out his secret weapon: liver biltong. Gus quickly decided that Nick wasn't half bad!

Nowadays, Gus has three doggie friends and still thinks that Nick's liver biltong is wonderful. He plays all over the house with his new family, and Nick reports that things have gone spectacularly well, and Gus has settled beautifully. Gus enjoys trips to the field and has wonderful recall. He's made a new best friend of Rachel, who also lives on the property, and he sleeps most nights at her flat and walks back home in the morning for his morning stretches in the sunshine.

TEARS wishes Gus and Nick the most beautiful life. What a match made in heaven, forged from divine intervention and fate. 🐾





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SPICE GIRL

By Linda Scrace (Friends of Rescued Animals)



On the 26th of March 2021, on a trip to Braamfisherville, CLAW (Community Led Animal Welfare) came across a tan, mixed-breed mother that had given birth to pups under a food caravan.

This was no ordinary mother dog – she was totally blind, and how she'd coped so well and not been hit by a car when looking for food was nothing short of a miracle. The food vendor informed CLAW that this mom and pups didn't have an owner, so for her and her pup's safety, CLAW removed the little family and returned with her to their clinic at Durban Deep.

Because CLAW is a clinic for impoverished areas, FORA often take unwanted moms with litters over from them, and this is to free up space in much-needed hospital cages for animals needing immediate vet care. When Michelle from CLAW asked us if we had space for this blind mom and her pups, we were more than happy to assist.

SUGAR AND SPICE

Mom and pups were settled in a puppy ward at

FORA, and it didn't take long for me to find the perfect name for mom – I called her "Spice". Despite her blindness, Spice was the perfect mom and she soon picked up weight and her pups thrived! As her pups grew and were less needy, Spice would ask to come out of her ward to spend a bit of "me time" outside – it was incredible how she negotiated the long passageway to the door and how amazing she was with other dogs she met along the way. She also loved having her lower back scratched and would get quite silly after her scratches.

Once Spice's pups were old enough and had had their first puppy vacs, they were put up for adoption. We were delighted, because despite them being very typical tan, township mixed breeds, they all found homes.

TIME FOR SPICE

Then it was time for Spice to go for her sterilisation and the removal of her eye that had been causing her discomfort. She sailed through her procedures, and a few weeks later I received an enquiry from a lovely lady named Joanne Blankenberg who asked if Spice was available for adoption. Joanne had

A RAGS-TO-RICHES STORY

followed Spice's story and progress on Facebook, and she wasn't put off at all that she'd be adopting a dog with zero eyesight.

And so, Spice found the most perfect home in upmarket Johannesburg with Joanne and her family. I received regular updates (and still do). Spice just slotted into her new home with the other dogs, amazing the Blankenberg family daily with her quick adaptation into their home. They were also amazed at how good she was on walks, and, as Joanne puts it, "She's just the PERFECT dog." Spice cuddles and sleeps in human beds, enjoys naps next to the winter fire, and is SO loved by all around her. We couldn't have wished for a better home for our girl. 🐾



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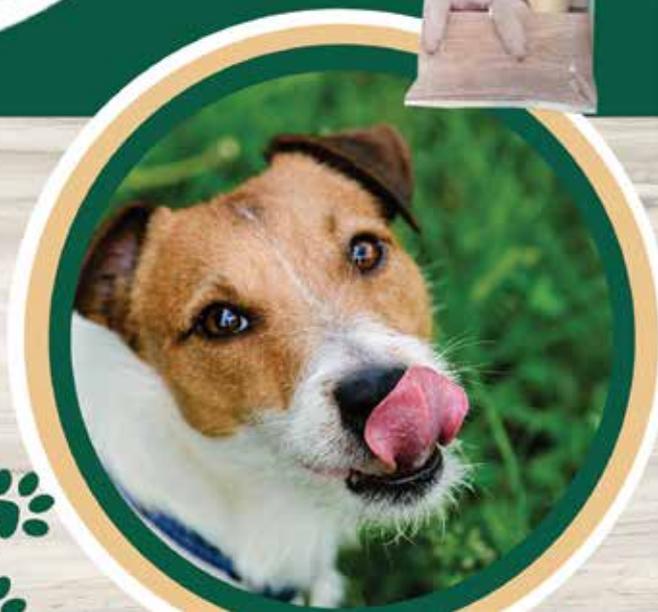
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Talking Teeth

By Dr Larry Kraitzick, Bruma Lake Veterinary Clinic



Periodontitis, or gum disease, is a serious gum infection that damages the soft tissue in the mouth of your dog or cat. If left untreated, it can result in the breakdown of the bone that supports the teeth of your beloved four-legged family member, causing severe pain and unnecessary suffering.

But the result of neglecting to maintain good oral hygiene in dogs reaches far beyond just that. Oral bacteria that infects the gums not only causes gingivitis and periodontitis, but when it travels through the blood stream to elsewhere in the body, it can affect the body's organ systems. Evidence supports the role of periodontal bacteria in elevating serum inflammatory mediators, causing chronic inflammation of the tissues.

In the cardiovascular system,

chronically inflamed blood vessels can result in destruction of heart tissue, causing tiny blood clots, heart attack and even stroke. Chronic inflammation in the liver results in tissue damage, leading to fibrosis, cirrhosis and sclerosis of the liver. Renal atherosclerosis, renal deterioration and end stage renal disease (ESRD) development are the result of the chronic inflammation in the renal system.

Maintaining your dog's dental health is one of the most important proactive health measures you can take towards keeping your fur kid in good health.

CLEAN THOSE CHOMPERS!

Here's how to practise good dog dental care that will extend your dog's life:

- Brush their teeth early and often!
- Take them for routine teeth

cleanings

- Feed dry dog food
- Use chew bones and chew toys

A healthy canine mouth should have pale pink gums that have a knife-like edge where they meet the tooth surface. An unhealthy mouth has a distinct look – and odour.

Gingivitis, or red and inflamed gums caused by plaque and tartar build-up, is the first stage of dental disease, and signs include odour and bleeding gums. As gums get inflamed and develop periodontal disease, they become swollen, inflamed and eventually recede because of bone loss.

To prevent gingivitis and periodontal disease from developing, the best dog dental care involves regular at-home cleaning with a dog toothbrush and toothpaste. When you clean your dog's teeth at home, you use the mechanical action of applying a dog toothbrush's bristles to his teeth to remove food, bacteria and plaque before it hardens, calcifies and turns into tough-to-remove tartar.

You should brush your dog's teeth every other day or at least two to three times a week, because plaque is easily brushed away and takes about 48-72 hours to harden and calcify, and once it's calcified, it needs to be scraped off by a vet.

Visit your pet store and ask about a specially formulated doggy



By **Dr Larry Kraitzick**
 BVSc MRCVS
 Facebook: @drlarrykrait



Good dental care can extend your dog's life

toothpaste. Never use toothpaste for humans on dogs as they contain detergents and fluoride that shouldn't be swallowed.

HOW TO DO IT...

To brush your dog's teeth, start by using your finger or a finger brush, and then, once they're used to having their mouth handled, move on to a dog toothbrush and toothpaste. Be sure to give lots of treats as a reward for good behaviour. You can

also give your dog special dental treats and chews.

No matter how much at-home dental care you provide for your dog, tartar will still build up over time on your dog's teeth, just like with our teeth. We may brush our teeth daily, but we still need a dentist to clean our teeth periodically. The same is true for dogs.

When enough tartar and gingivitis are present in your dog's mouth,

your veterinarian will recommend a dental cleaning (called dental prophylaxis). Your dog will need to go under general anaesthesia in order to allow a veterinarian to properly clean off all the tartar on their teeth as well as the layer of tartar under the gumline. Some dogs need dental cleanings yearly, and others every few years; it depends on the breed of the dog and the dental care that they receive at home.



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HEALTHY HYGIENIC COMFORTABLE DURABLE

AUSTRALIA CALLING?

By Shirley-Ann Kukard - Australia & New Zealand Export Specialist

So, you've been thinking about emigrating to Australia and want to start your visa process, but when do you consider your pets? The process for exporting pets to Australia, when starting from the very beginning, can take up to seven months; so where do you start?

First off, check that your pets are eligible for departure. There are several breeds that are not accepted for travel to Australia. Once you have confirmed that your pets are eligible for import into Australia, it's time to start the process to ensure that they comply with the entry requirements.

The first point of the process is to ensure that your pet is microchipped with an ISO (International Standard Organisation) microchip. If not, an ISO microchip should be implanted by your vet. Once your pet's microchip has been confirmed or implanted, your vet will need to administer a Rabies vaccination.

Three to four weeks after the rabies vaccination, your vet needs to draw a blood sample and send it to the Onderstepoort Laboratory for the Rabies Neutralising Antibody Titre Test. Once the blood sample arrives at the laboratory, there is a 180-day waiting period before your pets can

depart from South Africa, provided that a result of 0.5 iu/ml is detected.

Once the Rabies Titre test result is received, the paperwork process can be started for your pets. A Rabies Declaration form needs to be completed and endorsed by the state vet, and once the declaration form has been completed and endorsed, the import permit can be applied for.

Once the import permit has been received, the quarantine space can be booked, and once the quarantine station has confirmed an arrival date, Animal Travel Services will confirm the departure date for you and provide you with a 41-day pre-export schedule that needs to be completed by your private vet prior to departure.

All pets need to travel to Melbourne, where they are quarantined in the Government-owned facility for 10 days. Only certain airlines are currently accepting pets for travel to Melbourne.

Animal Travel Services has been in the industry for over 40 years specialising in the export of pets to both Australia and New Zealand. We have reunited many families, which is the best part of the job.

COVID did affect the transportation of pets in various ways, such as a delay in the issuing of import permits, the limited space availability at the quarantine station due to skeleton staff, and then of course the limited flight availability. Although many of these things have been normalising, we still face a rather large problem, which is the transportation of brachycephalic breeds (snub-nose breeds), such as English Bulldogs, French Bulldogs, Boston Terriers, Boxers, Pugs, Cavalier King Charles Spaniels, etc.

These breeds are sadly not accepted by any of the airlines currently transporting animals to Australia and New Zealand. The only option we previously had was to send these pets with a well-known Australian airline. Unfortunately, this airline is currently not accepting pets from South Africa, due to standard operating procedures they are working on, as well as contingency flights. We are sadly not sure when they will start accepting pets again, but for the sake of the families and furies, we hope that this is soon!

Contact one of our friendly and knowledgeable consultants for information on transporting your fur-family members – Tel: 021 934 9556 or visit www.animal-travel.com





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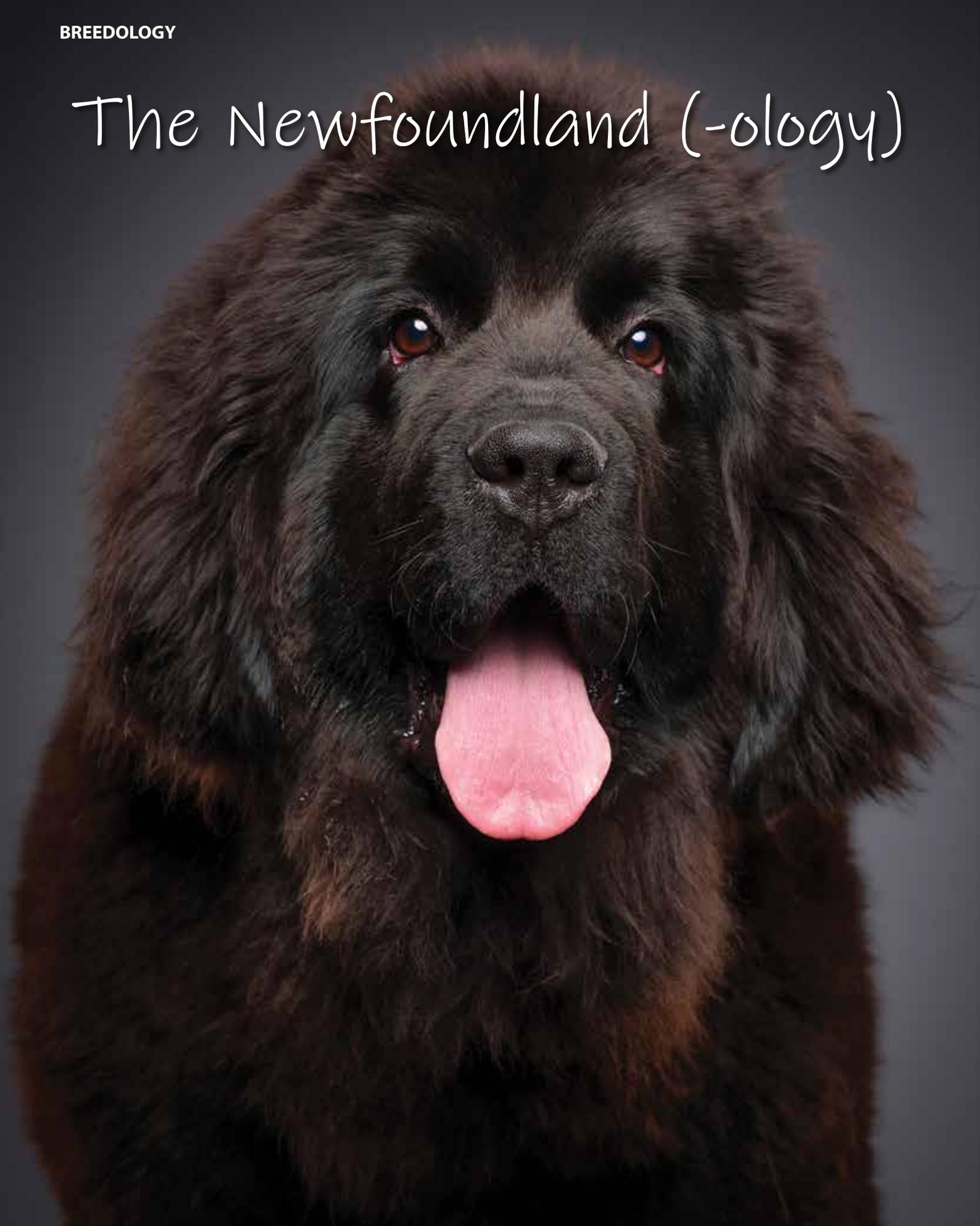
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The Newfoundland (-ology)



The Newfie is calm, patient, easy-going, gentle, and very friendly

Few dogs fit the description of majestic but gentle giants as well as the loving, sweet, and mild-tempered Newfoundland. Also known as a Newfie, they're great with children and other animals and devoted family members.

HISTORY

As its name suggests, the Newfoundland was developed on the coast of Newfoundland in Canada and worked alongside the fishermen of the area. There are three theories of how the Newfoundland came to be, though, as is the case with most breeds, it's hard to validate. The first is that the Newfoundland is a cross between the Tibetan Mastiff and the now-extinct American Black Wolf. Another school of thought is that Vikings left the dogs when they visited the New World in 1000 A.D. and these dogs interbred and were eventually bred with wolves native to Eastern Canada. The third theory is that the Newfoundland is the result of many European breeds crossbred around the 15th and 16th centuries, among them the Pyrenean Sheep Dogs, Mastiffs, and Portuguese Water Dogs.

What is known is that sometime in the late 18th century, Sir Joseph Banks, an English botanist, acquired several Newfoundlands, and in 1775 George Cartwright named them. In the 1780s, the breed was almost wiped out because of government-imposed restrictions mandating that

Canadian families had to pay taxes on the one dog they were allowed to keep.

LIVING WITH A NEWFIE

Also known as Newfies or Newfs, the most important single characteristic of the Newfoundland is its sweet and gentle temperament. The Newfoundland is calm, patient, easy-going, gentle, and very friendly.

This Teddy Bear of a dog loves children, is intelligent, and aims to please. The Newfie will be happiest when he's with his family and shouldn't be left alone for long periods of time or be banished to the backyard or a kennel. This easy-going dog needs daily exercise to stay fit, perhaps with a short walk or playtime in the garden. Newfoundlands do drool a lot and their coat needs combing twice weekly as they shed all year around.

While you might think that this dog is an outdoor dog, nothing could be further from the truth. Newfoundlands are devoted to their families and need to sleep inside. They don't tolerate heat well so shouldn't be left in the sun or exercised when it's hot.

HEALTH

Health concerns, as with

all large breed dogs, include gastric torsion, hip and elbow dysplasia, and cruciate ligament ruptures. Some Newfoundlands are sensitive to anaesthesia. Their life span is between eight and ten years.

It's important to take it very slow with exercise the first two years of a Newfie pup's life, as their growth plates will still be

forming until about two years old, and hard exercise can damage them. 



STEVIE'S DREAM

By Elanza Kloppers (Dogtown SA)



It's no secret that older dogs are less likely to be adopted, even more so if they're black in colour. Sadly, black dogs are always overlooked in shelters, as was the case for our handsome Stevie, who was rescued as a stray just under six years ago.

Stevie is a wonderful little dog who ticks all the boxes. He's handsome, friendly, social with other dogs, and eager to please. Yet he was overlooked time and time again. Many families have met Stevie over the years, but no adoption ever followed. We

Dreams do come true – the tail of Stevie’s adoption



were starting to think that Stevie would retire with us at Dogtown.

TIME FOR STEVIE

Then we crossed paths with an incredible family looking to adopt. When they described their needs to us, we knew right away that Stevie was the perfect fit. They looked at his online profile and fell in love immediately. The very next day they visited Dogtown to meet handsome Stevie and they couldn’t believe their luck, that the perfect dog for them was right in front of their eyes. I don’t know who was happier about their enthusiasm to adopt Stevie!

After sorting all the adoption forms and home-checks, we packed Stevie’s bags and told him all about his new forever home that had come along at last. He was finally chosen as THE one!

THE CHOSEN ONE!

Stevie was fluffed and ruffed, his nails trimmed, and finally he got to be the one to be walked down to

the office for his ADOPTION DAY!

After six long years at Dogtown it was an emotional day for all the caregivers who’d got to know and love him so much. Everyone clapped and cheered as he walked down to be loaded into the Dogtown vehicle to sail off into the sunset.

When Stevie arrived at his forever home, there were balloons in the driveway and a big “Welcome Home Stevie” banner on the garage door. It was such an emotional day for everyone, including his new family. Stevie ran around his new garden and explored all his new toys and beds, all ready just for him! It still feels like a dream at this stage; we’ve all been hoping for this day for so long.

This gives us hope for all the other older, overlooked dogs who are so desperately waiting to be chosen. We know that if it can happen for Stevie, it can happen for them too. 🐾



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ceramic bowls are not only unique and beautiful but hygienic too. Easy to clean and available in six colours. Visit their website on www.houndandco.co.za to order, or email info@houndanco.co.za



THE LIZ MCGRATH COLLECTION – PLAN YOUR PET-FRIENDLY HOLIDAY

The three hotels within The Liz McGrath Collection, The Cellars-Hohenort, The Marine in Hermanus, and The Plettenberg, are known for welcoming furry guests as pet-friendly destinations. Situated in Cape Town's spectacular Constantia Valley, The Cellars-Hohenort is an inviting oasis for guests, as well as their pets. The hotel's renowned 5-star service extends beyond its guests to include "fur babies" too, by providing the finest pet-friendly accommodation that includes special bedding, toys and a doggy menu. Small and medium dogs are welcome at the hotels in all rooms and suites with patios and balconies. On arrival, dogs are given a welcome treat, food and water bowls and a dog menu with options of various healthy and tasty meals. These include slow-cooked lamb and chunky sweet potato, smashed peas and chicken thigh with basmati rice, or treats such as "Pooched" hotdogs or homemade peanut butter and oatmeal doggie biscuits. Well-behaved dogs may also join their humans for dining and drinks on the hotel patios, while the spectacular gardens that The Cellars-Hohenort are so renowned for provide oppor-



tunities for endless walks and adventures for four-legged friends and their owners. Ancient camphor trees, a forest, vineyards, rose gardens and plenty of other wonders await discovery. Visit www.collectionmcgrath.com for more information.

BOOST YOUR DOG'S WELLNESS WITH FAITHFUL FRIENDS

Faithful Friends is a range of small batch oven-baked cat and dog treats with 100% natural and therapeutic ingredients. The Faithful Friends range gives pet owners the option to spoil their fur babies without harming them. There's no added sugar, no preservatives or added synthetic chemicals. There are also wheat-free options and treats specially formulated for dogs with itchy skin. So, treating your beloved fur friend can be therapeutic for them and guilt-free for you. Their Devoted by Nature



range is also locally made and includes pet nutritional supplements including hemp and flax seed formulations for joint health, calming and itching. The range includes safe options



for flea control, as well as body, dental and ear hygiene. Visit their website on www.feelgoodhealth.co.za for more information.

TREAT YOUR FUR KID WITH MARLTONS HOME-BAKED GOODIES!

Ever wanted to treat your furry best friend to baked goodies? Well, now you can!



Introducing Marltons Home Bakes for Dogs – a range of quick 'n easy dog-friendly baking premixes. There are four barking good flavours to choose from: Biltong Flavour Biscuit Mix, Peanut Butter & Oats Soft Chew Biscuit Mix, Red Velvet Cupcake Mix, and Peanut Butter Cupcake Mix. Which is your fur kid's favourite? Visit www.marltons.co.za for more information.

Reasons to love this new product:

- Gluten-free
- Made with quality ingredients
- Suitable for all dogs
- Cupcake Mix includes dog-friendly icing

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A pet owner's biggest pet peeve is having to deal with pet stains and the unpleasant odour that lingers! EcoPro Stain & Odour Eliminator is a fast-acting, revolutionary, bio-enzymatic cleaner that completely removes both new

and old pet stains and odours caused by urine, faeces, vomit and other organic stains.

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- Multi-pet households, including rabbits, guinea pigs, hamsters, etc.
- 100% biodegradable ingredients, 100% natural, making it completely safe for you, your pets and the environment
- 100% plant-based ingredients environmental best practices
- Phosphate & Nonylphenol free. No toxic chemicals, chlorine or residues

Available through leading vet, pet and online stores nationwide. Visit www.mcmac.co.za for more information.

SAFE & SECURE PET TRAVEL!

Want to fly safely with your pet? Looking for a solid IATA-compliant transport carrier? Here's the answer to all your questions. The Gateway airline-approved carrier offers many advantages so you and your dog can fly with peace of mind. The raised bottom allows your dog to stay dry in case of a urinary accident. The large ventilation surface allows for a 360-degree continuous airflow. Integrated front- and side-handles allow for easy manoeuvring or lifting of the Gateway. Removable wheels on the two larger sizes facilitate moving the Gateway around with ease. And so much more! To top it



off, the kennel is made with +98% Recycled Plastic. Which leaves you with the simple task of choosing the right Gateway size! Visit www.mcmac.co.za for more information.

EVERYTHING YOU NEED ON YOUR WALK CAN NOW BE HELD IN ONE HAND!

I'm Gismo is a leash holder system that allows you to walk your dog(s) with ease and comfort, while freeing your hands from carrying too much stuff.



The light ergonomic silicone grip provides unmatched comfort in your hand with innovative interchangeable accessories that help make sure you have exactly what you need to enjoy taking your furry friend for a stroll without cluttering your hands or pockets.

- + Training Kit Treat Container and Clicker. Attach my container to hold your dog's treats and also connect my clicker to assist you on your dog training cycle
- + Rechargeable Flashlight. Connect the LED rechargeable light to the top of the Gismo handle for improved front and rear visibility and safety. The handle becomes a flashlight!
- + Dual Leash Holder. Use the innovative stainless steel double carabiner to freely walk two dogs with one hand. Keep control and walk two dogs tangle-free!

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These chew toys are safe and long lasting, made from a blend of natural wood fibre and lead-free and phthalate-free synthetic strength, making it a chew toy favourite. Designed to be gnawed, these toys will not break into chunks, making them ideal for indoor or outdoor chew time.

- ✓ Ideal for teething puppies
- ✓ Designed for aggressive chewers
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BELLA lived her life as a faithful companion to her elderly owners but, sadly, they are no longer able to take care of her. Bella would love a quiet retirement home where she can enjoy morning strolls and afternoon naps and where you will be the centre of her universe.



COLTON is a young guy with loads of energy and who loves to play. He'll need some guidance in how to learn all the good things in life, like walking on a lead and being confident around other dogs. Colton is hoping that the day comes soon when someone meets him and takes him home.



MILO is a blue-eyed, bushy-tailed boy who's ready to join you on life's adventures! He's a goofy, fun-loving and jovial chap – super sweet, playful and bubbly. He enjoys the companionship of people and other dogs, and he'd be a charming companion and entertaining sidekick, if given the chance.



ZELDA loves people and attention and is always ready with a wagging tail to greet everyone. She'd love to take on the role of someone's loving lap dog, but be ready for her short bursts of energy – she does like a good zoomie or two a day! Does she sound like the perfect fit for you?

DOGTOWN SA (GAUTENG)



LOIS is one of our golden oldies at Dogtown. This eleven-year-old, beautiful Labrador blend is a gentle boy who loves people – he's a very affectionate boy and always up for a cuddle. Lois is very attached to his sister, and the best gift ever would be a home where they can be adopted together. Please consider giving this handsome boy the happy ever after he's been waiting for.



DUFFY is an eight-year-old beautiful girl who went from a young adult to an adult to a senior in front of our eyes. She's a Labrador blend who's been overlooked so many times, and we can't understand why. She's such a happy, playful girl who loves people of all shapes and sizes. She's social with other dogs and loves to play! Duffy would love to be adopted and given the chance to be part of a family.



ZEUS – This boy ticks ALL the boxes. Handsome, smart, affectionate, social with other dogs and full of personality! Zeus was rescued as a stray many, many years ago. Sadly, he's been overlooked time and time again, but we know the perfect home for him is out there. At the age of ten, Terrier blend Zeus is a senior by now and would love a retirement home where he can settle down for his golden years.



ADINA is a four-year-old Boerboel blend, beautiful girl with a heart of gold. She was found as an emaciated and neglected stray in the area before she officially became a Dogtown resident. Fast forward a few months and Adina is in great shape, literally a ray of sunshine. She loves other dogs and enjoys going for playdates. She's an affectionate girl who enjoys being around humans and loves showing off her good manners.

WHERE TO FIND THEM...

DOGTOWN SA (Gauteng)

ADINA, ZEUS, DUFFY & LOIS

Nestled in the Hennops mountains is the most remarkable sanctuary for dogs who've lost their families or have been rescued from dire situations. Every day the dedicated team at Dogtown provide individual care to each of these dogs in a peaceful, tranquil setting while they wait for their forever homes. There's often a misconception that all rescue dogs are going to be damaged in some way, but that's simply not true. There are plenty of wonderful dogs at Dogtown SA who, through no fault of their own, have found themselves homeless and are just hoping for a second chance at a new life in a loving home. For more information, visit www.dogtownsa.org. Please Contact adopt@dogtownsa.org for more information or to adopt one of our dogs

TEARS ANIMAL RESCUE (CAPE TOWN)

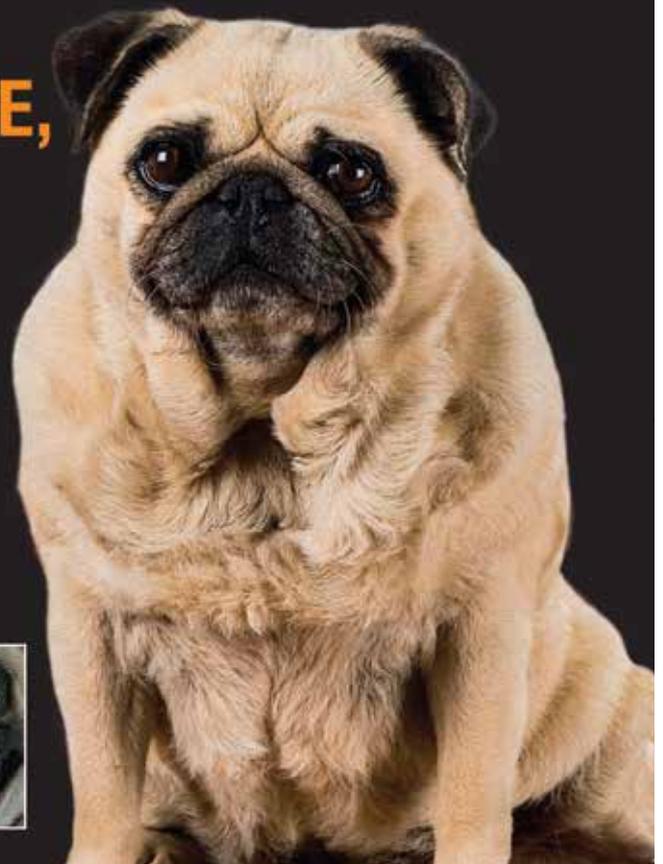
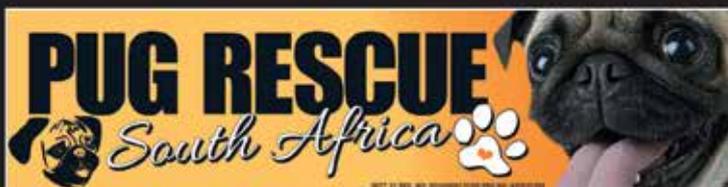
BELLA, COLTON, MILO & ZELDA

A registered non-profit organisation, TEARS Animal Rescue is one of the country's leading animal welfare organisations. Our mission is to provide a sanctuary for companion animals in need, striving to end homelessness, neglect and abuse in the communities we serve through medical assistance, humane education, rescue, rehabilitation and rehoming. We believe we can do this by fostering a partnership approach through individual and corporate giving, and by working together with community and animal welfare groups to create a better world with compassion and understanding towards animals. Together we CAN make a difference. Visit our website on www.tears.org.za or call 021 785 4482 or email tears@tears.org.za. You can visit us at 4 Lekkerwater Road, Sunnydale in Cape Town.

If you would like to find and adopt a rescue dog anywhere in South Africa, please email warbee@mweb.co.za or contact Patti on 082 922 3820 after 14h00 daily. Remember that even if one of our Adorable Adoptables is not in your area, most rescue shelters can make arrangements to get the dog to you.

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